

Oesophagogastric Cancer Fact Sheet

- In the years 2010-2014, 5-year survival was 20% for oesophageal cancer and 30% for gastric cancer, for both males and females¹.
- 5-year survival is significantly lower for regional patients compared to metropolitan patients (p = 0.002 and 0.018 for oesophageal and gastric cancer respectively)².
- Patients in regional areas present with a higher proportion of metastatic disease at the time of diagnosis of oesophageal cancer compared with metropolitan areas (p = 0.078)².
- Multidisciplinary meetings (MDMs) impact effectiveness of care, timely treatment planning and referrals³, and significantly improve staging accuracy and correct management decisions for oesophagogastric cancer⁴.
- There are 19 MDMs in Victoria that review oesophagogastric cancer cases, 12 in metropolitan and 7 in regional health services⁵.
- Where possible, GPs should refer suspected OG patients to clinicians associated with an MDM.
- The optimal timeframes for oesophagogastric cancer are:
 - receipt of referral to commencement of first treatment ≤ 42 days;
 - receipt of referral to MDM ≤ 28 days;
 - MDM to commencement of first treatment ≤ 14 days;
 - diagnosis to MDM ≤ 14 days;
 - diagnosis to commencement of first treatment ≤ 28 days⁷.

References

- ¹Thursfield V, Farrugia H. *Cancer in Victoria: Statistics & Trends 2015*. Cancer Council Victoria, Melbourne 2016
- ²Oesophagogastric Cancer Summit Data Presentation, August 2016, www.nemics.org.au/page/Improving_cancer_care/VICS_and_other_ICS/Victorian_tumour_stream_network_summits/Oesophagogastric_Cancer_Summit/
- ³Department of Health and Human Services. *Multidisciplinary Cancer Care: Literature Review*. Melbourne: State of Victoria, June 2012.
- ⁴Davies A, Deans D, Penman I, Plevris J, Fletcher J, Wall L, Phillips H, Gilmour H, Patel D, de Beaux A, Paterson-Brown S. The multidisciplinary team meeting improves staging accuracy and treatment selection for gastro-oesophageal cancer. *Diseases of the Esophagus*, 2006; 19: 496-503.
- ⁵Victorian Tumour Summits. Improving UGI MDM capture rate for patients with oesophagogastric cancer: investigation of who is not discussed at MDM and why. March 2017. Unpublished.
- ⁷Department of Health and Human Services. *Optimal care pathway for people with oesophagogastric cancer*. Melbourne: State of Victoria, December 2015.