



phn
VICTORIAN-TASMANIAN
ALLIANCE

An Australian Government Initiative

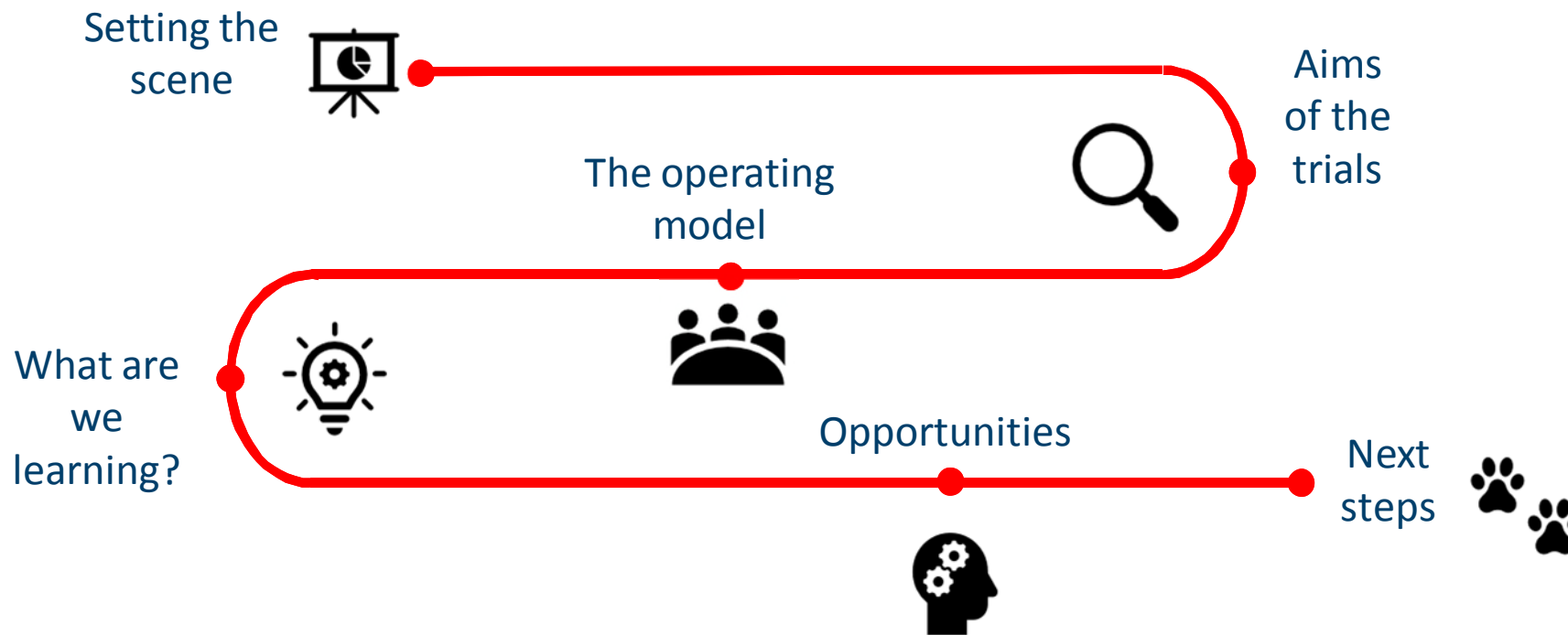


Leadership for systems change

Supporting implementation of place-based
suicide prevention

Dr Alison Asche (SEMPHN) and Dr Katharine Gibson (DHHS)

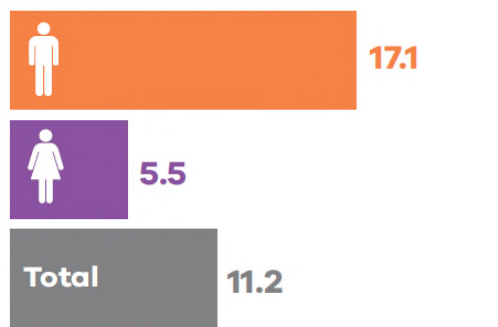
Outline



Setting the scene

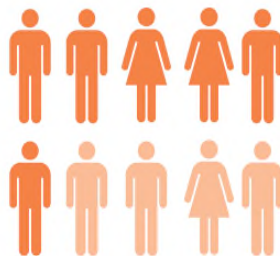
EVERY YEAR IN VICTORIA, SUICIDE TAKES MORE THAN TWICE AS MANY LIVES AS THE ROAD TOLL

SUICIDE RATES BY SEX



Average annual age-standardised rate per 100,000 2008–17

SUICIDE AND AGE



621 VICTORIAN LIVES LOST IN 2017

The largest number of suicide deaths (59%) involve people aged 25–54 years.

SUICIDE IN RURAL AREAS



The suicide rate is higher in areas outside Greater Melbourne

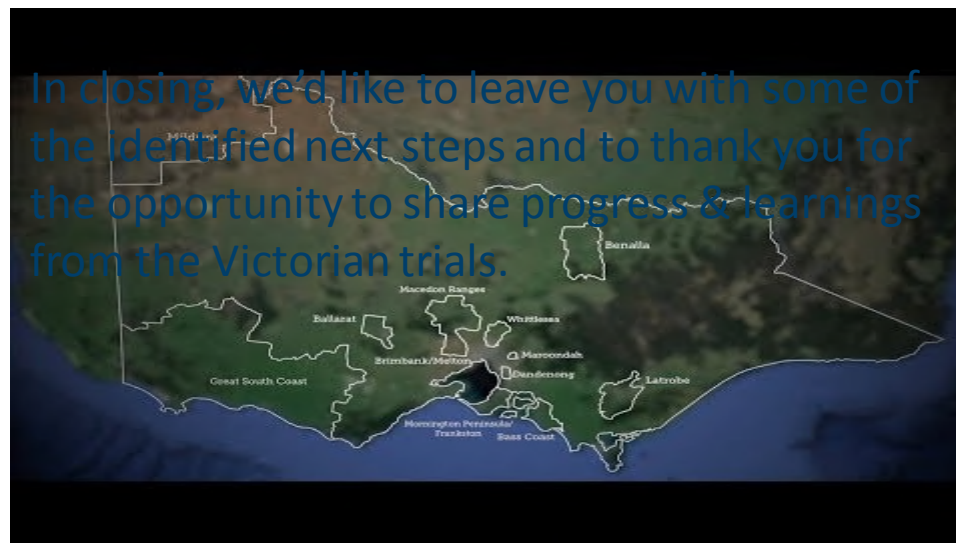
Place-based suicide prevention trials

- Suicide prevention is a shared focus of the Victorian Government and Primary Health Networks
- Helping twelve local communities prevent suicide



Overview

In closing, we'd like to leave you with some of the identified next steps and to thank you for the opportunity to share progress & learnings from the Victorian trials.



Goals

- 1 Reduced rates of suicide
- 2 Reduced suicide attempts
- 3 Improved individual and community resilience and wellbeing
- 4 Improved system to prevent suicide in an ongoing way

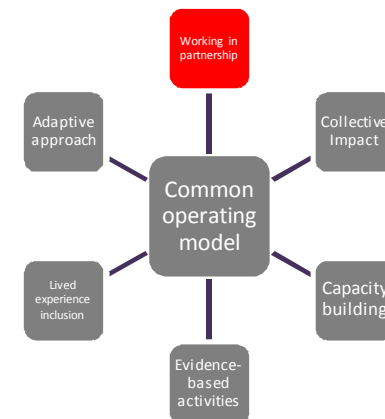
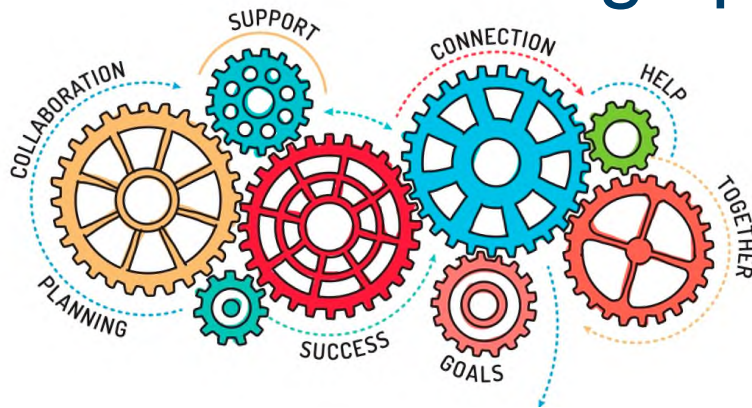


Delivering place-based suicide prevention



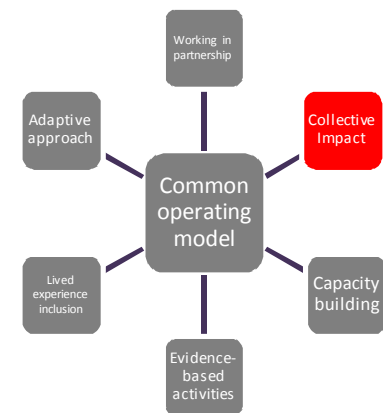
Working in partnership

- PHN-funded community based activities
- State-funded place-based activities
- Co-commissioning approach



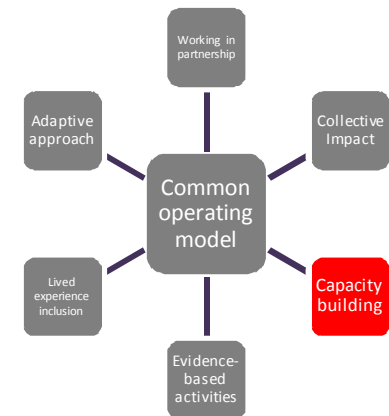
Collective impact approach

- Infrastructure – *backbone support role*
- Continuous communication
- Consistent measurement
- Mutually reinforcing activities
- Shared agenda



Community capacity building

- Local leadership and expertise
- Inclusive and multisectoral
- Shared understanding of issues
- Problem-solving
- System effectiveness



Evidence-based activities

- ATSI S P E P: *‘Solutions that work: what the evidence and our people tell us’*
- LifeSpan model as a systems framework;

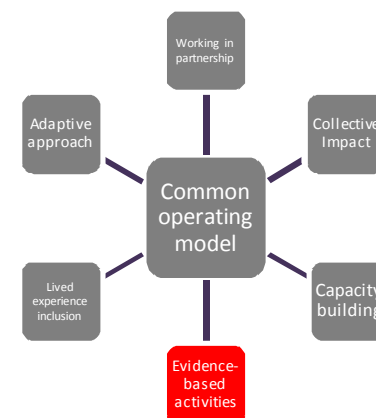
– Training programs

– School based programs

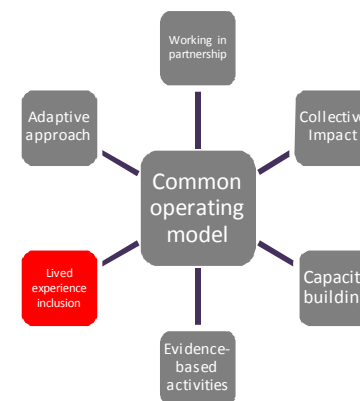
– Awareness programs

– Responsible media reporting

– Reducing access to means



Lived experience inclusion



Adaptive approach to evaluation

Phased evaluation

Establishment phase

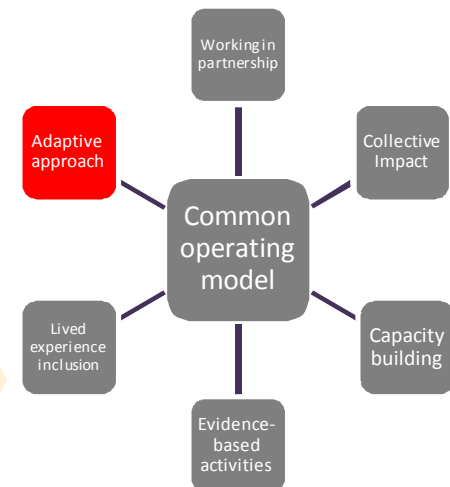
Exploring and in development - what needs to happen?
November 2017 to November 2018

Formative phase


Evolving and being refined – how well is it working?
February 2019 to December 2019

Summative phase

Stable and becoming established – what difference did it make?
May 2020 to July 2021



What are we learning?

- 
- A decorative border at the top of the slide consists of a row of hexagons. The first 14 hexagons are dark blue with white outlines. The remaining 6 hexagons are solid-colored: light blue, red, green, orange, purple, and yellow, followed by a small dark blue hexagon at the far right.
- Consensus from stakeholders that the place-based approach is the right model
 - Collective impact approach complementary
 - *Backbone support role is critical*
 - Significant time required to build relationships & understandings of local nuances

Opportunities

- Addressing data challenges & identifying emerging risk
- Postvention protocol development
- Harnessing the wisdom of lived experience
- Co-funding model and joint structures

Next steps

A decorative border at the top of the slide consists of a row of hexagons. The first 12 hexagons are dark blue with white outlines. The last 6 hexagons are solid-colored in a sequence: light blue, red, green, orange, purple, and magenta.

- Maintaining current momentum
- Increasing community involvement
- Planning for sustainability

THANK YOU



For further information please contact: suicide.prevention@dhhs.vic.gov.au



Supported by the Victorian Government.

phn
EASTERN MELBOURNE

An Australian Government Initiative

phn
GIPPSLAND

An Australian Government Initiative

phn
NORTH WESTERN
MELBOURNE

An Australian Government Initiative

phn
MURRAY

An Australian Government Initiative

phn
SOUTH EASTERN
MELBOURNE

An Australian Government Initiative

phn
TASMANIA

An Australian Government Initiative

phn
WESTERN VICTORIA

An Australian Government Initiative

